California Hands & Voices

Inland Valley DHH & Microtia Atresia Family Camp

Camp Round Meadow in Angelus Oaks, CA

Camping Checklist

|  |  |  |  |
| --- | --- | --- | --- |
|  | Twin Size Fitted Sheet (1 per camper) |  | All-weather Clothes |
|  | Sleeping Bags |  | 80’s Outfits |
|  | Blankets |  | Light Jackets or Sweaters |
|  | Pillows |  | Earplugs |
|  | Shampoo & Conditioner |  | Tennis Shoes |
|  | Bodywash |  | Ice Chest |
|  | Washcloths |  | Drinks & Snacks |
|  | Shower Flip-flops |  | Flashlights |
|  | Towels |  | Camera |
|  | Toothbrush/Toothpaste |  | Extra Batteries for Flashlight/Camera |
|  | Deodorant |  | Beach Bag |
|  | Body Lotion |  | Fold-up Lawn Chairs |
|  | Hairbrush |  | Polarized Sunglasses |
|  | Hair Products |  | Reading Glasses |
|  | Sunscreen |  | Prescribed Medication |
|  | Bug Repellent |  | Cell Phone Charger |
|  | Aloe Vera |  | Board Games |
|  | Swim Towels |  | Playing Cards |
|  | Swimsuits |  | Hearing Aids & Extra Batteries |
|  | Life Vest/Goggles |  | Cochlear Implants & Charger |
|  | Swimming Diapers |  | Portable FM System |

Know Before You Go:

Tips & Rules for Camping

* Gear up: Stick to absolute essentials and leave the fancy extras at home.
* Chow down: Granola bars, beef jerky, and trail mix are all great camping snacks.
* Dress for success: Pack accordingly for day and night.
* Keep clean: Use baby wipes to clean off dirt and carry a small hand sanitizer.
* Stay safe in the sun: Slather on sunscreen and drink plenty of water to avoid dehydration.
* ONLY service animals are allowed at camp, so leave your fur babies at home.
* Open toe shoes are PROHIBITED (sandals, flip flops, etc.)
* Smoking is NOT allowed ANYWHERE on the premises.
* Beware of Black Bears! Keep campgrounds clean and do not leave food outside.